(and maybe in life as well!) Ability—can be learned, but those with natural talent have a head start! Belief—you gotta believe to achieve; remember to chant, "We Believe" Commitment—students will commit to the level you are committed Determination/drive/desire—you have to want really badly to succeed Energy—success takes a lot of energy: physical, mental, and emotional Fairness—play fair with your students and with your competition Generosity—giving of yourself will result in your students returning even more! Honesty—anything is not an option! Integrity—is vital for coaches as role models and mentors Joie de vivre—if you're going to do it, you might as well be enthusiastic! Kindness—important toward those close to you; even more so toward others Leadership—developing team leaders can help you delegate and get more done Memory—remember what it was like when you were learning a new skill Networking—making friends with other coaches can multiply your knowledge Openness—open your heart, your mind, and your life to your students Patience—some students take longer to "own" concepts; give them time Question—remember the 3-year old; questioning begets learning Recruiting—seek out students; they might not seek you out due to fear of rejection Sharing—time and knowledge are multiplied when shared with others Teamwork—being part of a team is good practice for the "real world" Unity—become one team with one dream (and maybe just one UIL shirt) Veracity—habitual observance of truth in speech of statement; truthfulness Work, Work, Work—there is no substitute or shortcut for it! Xtra—give a little extra in all you do, and your students will follow suit Youth—you gotta love them! And they will be in charge someday! Zookeeping—because you'll certainly feel like you're in a Zoo sometimes!